

PRE-NUTRITION AND DIETETICS

Updated 06/30/09

Name: _____ ID #: _____

Degree Requirements for students seeking matriculation to Loma Linda University:

1. If you plan to attend another university, please visit the Office of Pre-Health Professions early so that we can assist you in meeting all requirements.
2. **G.P.A:** Applicants should have a minimum GPA of 2.5. **C minus (C-)** grades and pre-foundational English are not transferable for credit.
3. **Application to Loma Linda:** Application deadline is August 1. Students should apply as close to Jan. 1 as possible.
4. **Website:** <http://www.llu.edu/apply>

	Domain/Course(s)	Units
	First Year Seminar (UNST 101A & 101B)	2
	Domain 1: Religion and Humanities: Minimum of 20 units	
	Religion Course: One religion course for every year of attendance at an SDA school. (Max. 8 units)	8
	Humanities: Courses must be taken in a minimum of 3 areas Art/Music (ARTA 205 or MUHL 205) (Performing arts limited to 4 qtr. units) Literature, Philosophy (ENGL 224, 246; PHIL 204, 208) History (HIST 105, HPSC 104, 106) Language: Any language including Amer. Sign Language	16
	Domain 2: Scientific Inquiry and Analysis: Minimum of 24 units	
	Natural Sciences: Minimum of 12 qtr. units in two areas	
	Anatomy and Physiology I (BIOL 131 & Lab)	5
	Anatomy and Physiology II (BIOL 132 & Lab)	5
	*Introduction to Inorganic Chemistry (CHEM 101 & Lab)	4.5
	*Introduction to Organic Chemistry (CHEM 102 & Lab)	3.5
	*Introduction to Biochemistry (CHEM 103 & Lab)	3.5
	*The Intro. to Chemistry series can be replaced by two quarters of General Chemistry (CHEM 111, 112 & Labs)	
	Medical Microbiology (BIOL 185 & Lab)	5
	2 years High School Algebra with a grade of C or better OR Intermediate Algebra (MATH 007)	4
	Social Sciences: Minimum of 12 units in two areas	
	General Sociology (SOC 104)	4
	General Psychology (PSYC 104)	4
	Select additional units from: PSYC, SOC, ANTH, PLSC	
	Domain 3: Communication: Minimum of 9 units	
	College Writing I (ENGL 111)	3
	College Writing II (ENGL 112)	3
	College Writing III (ENGL 113)	3
	Fundamentals of Speech (COMM 104) OR Interpersonal Communication (COMM 244)	4
	Domain 4: Health and Wellness	
	Nutrition Theory & Practice (HLED 225) OR Dimensions of Health (HLED 214)	4
	Physical Education (2 Activity Courses)	
	Domain 5: Electives to complete 87 quarter units.	

The Office of Pre-Health Professions is dedicated to providing quality service to La Sierra University students, faculty and staff. Our primary goal is to address your pre-professional needs. As a service-based department, we accept walk-ins on a daily basis. We endeavor to answer all of your questions about careers in the health field; no question is too small for our attention. We are located in Palmer Hall, home of the Chemistry department and next door to the Thaine B. Price Science Complex.

Office of Pre-Health Professions
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Website: www.lasierra.edu/departments/prehealth

Career opportunities and related occupations: The registered dietitian is a supportive member of the professional health care team who directs nutritional care to achieve optimal health of individuals and groups. Dietitians and nutritionists plan nutrition programs and supervise the preparation and serving of meals. They help prevent and treat illnesses by promoting healthy eating habits, scientifically evaluating clients' diets, and suggesting modifications such as less salt for those diagnosed with high blood pressure, or reduced fat and sugar intake for those who are clinically obese. Dietitians run food service systems for institutions such as hospitals and schools, promote sound eating habits through education, and conduct research. Major areas of practice are hospitals, HMO's, sports nutrition, corporate wellness programs, food and nutrition related businesses and industries, private practice, community and public health settings, universities, medical centers and pharmaceutical companies.

Educational Qualifications: Registered dietitians (RDs) are food and nutrition experts who have completed a minimum of a Bachelors degree at an US accredited university, or college coursework approved by the commission on accreditation/Approval for Dietetics Education (CAADE) of the American Dietetic Association (ADA). An RD must complete a CAADE accredited or approved, supervised practice program at a hospital or medical center and pass a national, written examination administered by the commission on Dietetic Registration (CDR). Once the credential is attained, an RD must continue to complete professional education requirements in order to maintain registration. Some RD's hold additional certifications in specialized areas of practice, such as pediatric or renal nutrition, nutrition support, and diabetes education. These certifications are awarded through CDR and/or other medical and nutrition organizations and are recognized within the profession, but are not required. In addition to RD credentialing, many states have regulatory job laws for dietitians and nutrition practitioners. These state requirements are frequently met through the same education and training required to become an RD.

Job Opportunities: Nutrition & dietetics is one of the four fastest growing healthcare professions. An increasingly obese and aging population demands food and nutritional counseling regarding fitness and sports performance. Public interest in nutrition and the emphasis on health education and prudent lifestyles also spurs demand. Faster than average growth (about 18%) in employment is expected in nursing homes, contract food services, residential care facilities, physician clinics and in social services.

Salary: The salary ranges from \$45,950 for the national average and \$53,800 for California. For the most updated information on salaries visit: U.S. Bureau of Labor Statistics at <http://www.bls.gov/bls/blswage.htm>.

<p>Websites:</p> <p>La Sierra University: www.lasierra.edu/departments/prehealth</p> <p>Loma Linda University: www.llu.edu/llu/nutrition/as.html</p>	<p>Loma Linda University:</p> <p>Loma Linda University Bert Connell Department of Nutrition and Dietetics School of Allied Health Professions Loma Linda University Loma Linda, CA 92350 Phone: 909-558-4593 e-mail: bconnell@llu.edu</p>	<p>Professional Organizations:</p> <p>American Dietetic Association 216 West Jackson Blvd., Ste. 800 Chicago, IL 60606-6995</p> <p>Phone: 312-899-4844 Website: http://www.eatright.org</p>
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