

Required: 30 units (15 upper division):	Units	Completed	Notes
<b>Recommended:</b>			
Technique and Theory of Flagball	PETH 301	1.0-3.0	
Technique and Theory of Soccer	PETH 302	1.0-3.0	
Technique and Theory of Basketball	PETH 303	1.0-3.0	
Technique and Theory of Volleyball	PETH 304	1.0-3.0	
Technique and Theory of Baseball/Softball	PETH 305	1.0-3.0	
Technique and Theory of Track and Field	PETH 306	1.0-3.0	
<b>Remaining units selected from:</b>			
<i>LOWER DIVISION:</i>			
Swimming I	PEAC 101	0.5-2.0	
Swimming II	PEAC 102	0.5-2.0	
Scuba Diving	PEAC 106	0.5-2.0	
Water Aerobics	PEAC 107	0.5-2.0	
Lifeguarding	PEAC 108	0.5-2.0	
Water Safety	PEAC 109	0.5-2.0	
Independent Activities	PEAC 110	0.5-2.0	
Weight Training I	PEAC 112	0.5-2.0	
Jogging	PEAC 113	0.5-2.0	
Aerobic Swimming	PEAC 115	0.5-2.0	
Yoga	PEAC 117	0.5-2.0	
Circuit Training	PEAC 118	0.5-2.0	
Lifetime Fitness	PEAC 120	2.0	
Pilates	PEAC 124	0.5-2.0	
Canoeing and Kayaking	PEAC 125	0.5-2.0	
Snow Skiing I	PEAC 130	0.5-2.0	
Snow Skiing II	PEAC 131	0.5-2.0	
Volleyball I	PEAC 140	0.5-2.0	
Volleyball III (Team)	PEAC 142	0.5-2.0	
Baseball	PEAC 144	0.5-2.0	
Basketball I	PEAC 145	0.5-2.0	
Basketball II (Team)	PEAC 146	0.5-2.0	
Flagball	PEAC 148	0.5-2.0	
Track and Field	PEAC 149	0.5-2.0	
Soccer I	PEAC 150	0.5-2.0	
Soccer II (Team)	PEAC 151	0.5-2.0	
Softball	PEAC 154	0.5-2.0	
Badminton I	PEAC 161	0.5-2.0	
Tennis I	PEAC 165	0.5-2.0	
Tennis III (Team)	PEAC 167	0.5-2.0	
Golf I	PEAC 171	0.5-2.0	
Backpacking	PEAC 177	0.5-2.0	
Rock Climbing I	PEAC 179	0.5-2.0	
Rock Climbing II	PEAC 180	0.5-2.0	
Aerobic Rhythms I	PEAC 183	0.5-2.0	
Aerobic Rhythms II	PEAC 184	0.5-2.0	
Wilderness Survival	PEAC 197	2.0	
Individual Activities I	PEAC 290	1.0-3.0	
Individual Activities II	PEAC 291	1.0-3.0	

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<b>Directed Study</b>	PETH 299	1.0-4.0	
<b>UPPER DIVISION:</b>			
<b>Special Education</b>	PETH 344	2.0	
<b>Elementary School Physical Education</b>	PETH 384	3.0	
<b>Management of Physical Education and Sport</b>	PETH 408	4.0	
<b>Principles of Coaching</b>	PETH 414	2.0	
<b>Movement in Cultural Perspective</b>	PETH 418C	4.0	
<b>Sport Psychology</b>	PETH 418H	4.0	
<b>Biomechanics</b>	PETH 424	4.0	
<i>Prerequisite:</i>			
Human Anatomy and Physiology I: BIOL 131			
Human Anatomy and Physiology II: BIOL 132			
<i>Strongly Recommended:</i>			
Introduction to Physics: PHYS 117			
<b>Motor Learning</b>	PETH 427	4.0	
<b>Practicum in Coaching</b>	PETH 485	2.0	