

Approved by Department. Last updated 7/1/09

2009-2010 CURRICULUM CHECK SHEET is a guide to the requirements of this major. **It is NOT necessary to take these courses in the order given.** Please consult the online Bulletin for specific details (<http://www.lasierra.edu/academics/bulletin>).

		FALL	WINTER	SPRING
<b>FIRST YEAR</b>	* Dimensions of Health (HLED 214)(4 units) <i>Meets Theme IB</i>	_____	_____	_____
	* Nutrition Theory & Practice (HLED 225)(4 units) <i>Meets Theme IV A</i>	_____	_____	_____
	* Two Activity Courses (PEAC) (1 unit)	_____	_____	_____
	** Human Biology (BIOL 107)(4 units) <i>Meets Theme IV A</i>	_____	_____	_____
	** Introduction to Information Systems (CPTG 104)(4 units)	_____	_____	_____
	First Year Seminar (UNST 101/100)(2-6 units)	_____	_____	_____
	College Writing (ENGL 111, 112, 113)(9 units) OR (ENGL 124)(4 units)	_____	_____	_____
	Math Foundational Studies requirement (MATH 121)(4 units)	_____	_____	_____
	Lifetime Fitness (PEAC 120) (2 units)	_____	_____	_____
	Theme IC: Globalization, Identity, & Citizenship. <i>Choose 1 course from:</i> SSCI 104, 105, 106, 107 (4 units)	_____	_____	_____
	Theme IIA: History & Appreciation of Arts (4 units)	_____	_____	_____
	Theme III: Religious Beliefs and Practice (4 units)	_____	_____	_____
	<b>SECOND YEAR</b>	* Financial Accounting (ACCT 211)(4 units)	_____	_____
* Managerial Accounting (ACCT 212)(4 units)		_____	_____	_____
* Principles of Macroeconomics (ECON 254)(4 units) <i>Meets Theme IA</i>		_____	_____	_____
* Health Science Colloquium I (HLED 250)(1 unit)		_____	_____	_____
* Critical Scholarship in Health Science (HLED 275)(4 units)		_____	_____	_____
* Junior Practicum (HLED 375) (2-3 units)(2 units)		_____	_____	_____
** Diversity in America (SOC 307)(4 units)		_____	_____	_____
** Introduction to Social Work Practice I (SOWK 214)(4 units)		_____	_____	_____
World Language Foundational Requirement (Proficiency through 153)		_____	_____	_____
Theme IIB: Historical or Contemporary Culture and Context (4 units)		_____	_____	_____
Theme IIC: Exploring American Culture. <i>Choose 1 course from:</i> (HUMN 204, 205)(4 units)	_____	_____	_____	
Theme III: Religious Beliefs and Practice (4 units)	_____	_____	_____	
<b>THIRD YEAR</b>	* Managerial Finance (FNCE 354)(4 units) <i>Meets Theme IB</i>	_____	_____	_____
	* Management and Organizational Behavior (MGMT 304)(4 units)	_____	_____	_____
	* Health, Society, and the Consumer (HLED 317)(4 units) <i>Meets Theme IB</i>	_____	_____	_____
	* Health Science Colloquium II (HLED 350)(1 unit)	_____	_____	_____
	* Marketing Principles (MKTG 305)(4 units) <i>Meets Theme IB</i>	_____	_____	_____
	* Measurement & Evaluation (HLED 429)(2 units)	_____	_____	_____
	* Physiological Assessment and Exercise Prescription (HLED 444)(3 units)	_____	_____	_____
	* Principles of Epidemiology (HLED 467)(3 units)	_____	_____	_____
	* Senior Practicum (HLED 475) (3-4 units)(3 units)	_____	_____	_____
	* Health and the Global Environment (HLED 476)(4 units) <i>Meets Theme IB</i>	_____	_____	_____
	* Major Electives (11 units)(consult advisor)	_____	_____	_____
	Upper Division Rhetorical Course (PETH 418c OR PETH 427)(4 units) (PETH 418) <i>Meets Theme IIB</i>	_____	_____	_____
	Theme IA/B: Understanding Human Beings OR National and Global Citizenship (4 units)	_____	_____	_____
Theme III: Religious Beliefs and Practice. <i>Choose 1 course from:</i> RLGN 304, 305 (4 units)	_____	_____	_____	
<b>FOURTH YEAR</b>	* Health Care Management (MGMT 436)(4 units) OR Professional Practice Management (MGMT 344)(4 units)	_____	_____	_____
	* Major Electives: 4-5 units selected from a specified list (5 units)	_____	_____	_____
	Recommended Area Elective Studies (to complete 17 units)(11 units)	_____	_____	_____
	Theme III: Religious Beliefs and Practice (4 units) <i>Must be in Scripture, Theme IIIC, unless previously taken</i>	_____	_____	_____
	Theme IVB: Physical Science (4 units)	_____	_____	_____
	Theme IVC: Scientific Foundations. <i>Choose 1 course from:</i> NSCI 404, 405, 406, 407 (4 units)	_____	_____	_____
	Theme V: Religious, Moral & Social Aspects of Public Health (UNST 404G)(4 units)	_____	_____	_____
Electives to complete 190 quarter units	_____	_____	_____	
* Major Requirements (71 units)      ** Cognate Requirements				

This Bachelor's degree includes the pre-requisites to begin the Masters of Business Administration program

## HEALTH SCIENCE

### *Health Care Management*

#### *B.S. Degree*

**Health Science Foundation:** The coursework here encompasses the minimum body of knowledge essential for all students to acquire who pursue this major regardless of the chosen concentration area. The basic health themes integrated therein constitute the foundation on which the chosen concentration and related experiences can be safely built.

**Concentration Discipline:** This component directs the student into a professional niche. Four different areas of concentrations are available: Health Promotion and Education, Bio-Health Science, Health Care Management, and Globalization and World Health.

**Specified Cognates:** These are courses recognized as co-requisites, pre-requisites or as important linkages with crucial content areas.

**Area Elective Studies [AES]:** This component provides guided opportunities for students to augment their competencies. Choices could be made in keeping with their special attitudes, their plans for the future professional development, or with the requirements of a prospective employer. A wide range of relevant AES options is possible, including Cross-cultural Communication, Human Biology, Social Services, Recreational Sports and Fitness, Psychology and Health, Health Care Management, Wellness and Youth Ministry, Anthropology and International Health, and Family Wellness. Emerging and non-traditional health fields may also be considered. Working closely with a designated advisor, the student is to configure and submit an AES plan for approval prior to the junior year.

## SOURCES OF ADDITIONAL INFORMATION

### *Websites:*

**La Sierra University - Department of Health, Exercise Science, & Athletics**

[www.lasierra.edu/hesa](http://www.lasierra.edu/hesa)

### *Department Contacts:*

#### **Chairperson:**

Robert Thomas, Ed.D

#### **Advisors:**

William Andress, D.P.H.

Robert Thomas, Ed.D.

#### **Location:**

HESA Trailer

951-785-2084

### *Professional School:*

Loma Linda University

School of Public Health

Loma Linda, CA 92350

**[www.llu.edu/llu/sph](http://www.llu.edu/llu/sph)**

### *Professional Organizations:*

American Public Health Association

800 I Street NW

Washington, D.C. 20001

**[www.apha.org](http://www.apha.org)**

Academic Advising  
Center for Student Academic Success  
Sierra Vista Hall, Room 114  
(951) 785-2452

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