

This certificate is primarily for Pre-Professional students who are interested in completing their prerequisites at La Sierra University and plan to transfer to another campus to complete their studies in a health related field.

19 Units Foundational Studies

9	ENGL 111, 112, 113	College Writing
2	PEAC 120	Lifetime Fitness
4	MATH 121	College Algebra (or more advanced MATH courses)
4	R____	Religion (in consultation with student's advisor)

29 Units Health Science Studies

Core

4	HLED 214	Dimension of Health
4	HLED 225	Nutrition Theory & Practice
3	HLED 467	Principles of Epidemiology
1	PEAC __, __	Select 2 of the 0.5 unit activity courses
8	Science courses	Select from Anatomy and Physiology (BIOL 131 & 132) OR General Biology (BIOL 111, 112, 113 & Labs) OR Intro to Chemistry (CHEM 101, 102, 103 & Labs) OR General Chemistry (CHEM 111, 112 & Labs) OR Intro to Physics (PHYS 117 & 118) OR General Physics (PHYS 231, 232 & Labs)
3	One of HLED 317 HLED 476	Health & Society; OR Health & the Global Environment

Electives

6	Selected from the following	
	HLED 314	Community Health
	HLED 317	Health & Society*
	HLED 414	Mental Health & Drug Abuse Education
	HLED 416	Human Sexuality
	HLED 417	Safety Education
	HLED 429	Measurement & Evaluation
	HLED 444	Physiological Assessment & Exercise Program
	HLED 476	Health & the Global Environment*

* Can be used to satisfy elective requirements only if not already taken.

Students who have completed the certificate program and plan to pursue the B.S. degree in Health Science may apply the appropriate coursework towards the completion of their bachelors degree.

Students whose goal is to meet the Pre-Professional requirements for entrance to various schools of allied health will need to take additional university studies and science courses in consultation with their advisor.

For more information please contact the Health, Exercise Science, and Athletics Department at (951)785-2084 or fax them at (951)785-2291. You may speak with any of the following people about the certificate program: Robert Thomas (Chairperson), Jennifer Gless, Joel Haldeman, or Roger McFarland.