

2006-2007 SAMPLE CURRICULUM: It may not be necessary to take these courses in the order given. Please consult your advisor about the course selections.

		FALL	WINTER	SPRING	
FIRST YEAR	Orientation Seminar (UNST 101)	1	-	-	
	College Writing (ENGL 111, 112, 113)	3	3	3	
	Theme III: Religious Beliefs and Practice	4	-	-	
	Growing Up in America (SSCI 104) OR Identity and Society (SSCI 105) OR Childhood in Global Perspective (SSCI 106)	-	4	-	
	Lifetime Fitness (PEAC 120)	-	-	2	
	College Algebra (MATH 121)	4	-	-	
	* General Biology (BIOL 111, 112, 113 & Labs)	5	5	5	
	* Basic Medical Microbiology (BIOL 185)	-	-	5	
	* Dimensions of Health (HLED 214)	-	-	4	
	* Nutrition Theory & Practice (HLED 225)	-	4	-	
		<hr/>	15.5	16.0	17.5
SECOND YEAR Submit Plan for Area Elective Studies (Consult Advisor)	* Principles of Macroeconomics (ECON 254)	-	4	-	
	* Political and Human Geography (GEOG 276)	-	-	4	
	* Health Science Colloquium I (HLED 250)	1	-	-	
	* Critical Scholarship in Health Science (HLED 275)	4	-	-	
	* Junior Practicum (2-3 units) (HLED 375)	-	-	2	
	** Introduction to Physics (PHYS 117)	4	-	-	
	** General Chemistry (CHEM 111, 112 & Labs)	5	5	-	
	Theme IIA: Arts Appreciation or History	-	-	4	
	Theme III: Religious Beliefs and Practice	-	-	4	
	Modern Language through Intermediate Level (201)	4	4	4	
	Exploring American Culture (HUMN 204 OR 205)	-	4	-	
	<hr/>	18.0	17.0	18.0	
THIRD YEAR	* Cultural Anthropology (ANTH 315)	4	-	-	
	* Health Science Colloquium II (HLED 350)	-	1	-	
	* Measurement & Evaluation (HLED 429)	-	2	-	
	* Principles of Epidemiology (HLED 467)	3	-	-	
	* Senior Practicum (HLED 475) (3-4 units)	-	-	3	
	* Health and the Global Environment (HLED 476)	4	-	-	
	* Impact of Globalization (SOCI 374)	-	-	4	
	Recommended Area Elective Studies (17 units) (Consult Advisor)	(3)	(8)	-	
	Upper Division Rhetorical Course (This requirement met by PETH 418c OR PETH 427)	-	4	-	
	Adventism in Global Perspective (RLGN 304) OR Religion in Three Cultures (RLGN 305)	-	-	4	
	Theme IIB: Historical or Contemporary Culture and Context	-	-	4	
Modern Language through Intermediate Level (201)	4	-	-		
	<hr/>	18.0	16.0	15.0	
FOURTH YEAR	* Health, Society, and the Consumer (HLED 317)	4	-	-	
	* Integrated Environmental Studies (HLED 490)	-	2	-	
	** Applied Public Health Statistics (HLED 430)	-	-	3	
	Recommended Area Elective Studies (to complete 17 units)	(4)	-	-	
	Theme III: Religious Beliefs and Practice	-	-	4	
	Scientific Foundations: Choose one course from the following: NSCI 404, 405, 406, 407	4	-	-	
	Religious, Moral & Social Aspects of Public Health (UNST 404G)	-	4	-	
	Electives to complete 190 quarter units	4	4	6	
		<hr/>	12.0	14.0	13.0
	* Major Requirements ** Cognate Requirements				

HEALTH SCIENCE

Globilization and World Health

B.S. Degree

Health Science Foundation: The coursework here encompasses the minimum body of knowledge essential for all students to acquire who pursue this major regardless of the chosen concentration area. The basic health themes integrated therein constitute the foundation on which the chosen concentration and related experiences can be safely built.

Concentration Discipline: This component directs the student into a professional niche. Four different areas of concentrations are available: Health Promotion and Education, Bio-Health Science, Health Care Management, and Globalization and World Health.

Specified Cognates: These are courses recognized as co-requisites, pre-requisites or as important linkages with crucial content areas.

Area Elective Studies [AES]: This component provides guided opportunities for students to augment their competencies. Choices could be made in keeping with their special attitudes, their plans for the future professional development, or with the requirements of a prospective employer. A wide range of relevant AES options is possible, including Cross-cultural Communication, Human Biology, Social Services, Recreational Sports and Fitness, Psychology and Health, Health Care Management, Wellness and Youth Ministry, Anthropology and International Health, and Family Wellness. Emerging and non-traditional health fields may also be considered. Working closely with a designated advisor, the student is to configure and submit an AES plan for approval prior to the junior year.

SOURCES OF ADDITIONAL INFORMATION

Websites:

La Sierra University - Department of Health, Exercise Science, & Athletics

<http://www.lasierra.edu/hesa>

Department Contacts:

Chairperson:

Robert Thomas

Advisor:

Robert Thomas

Location:

HESA Trailer

951-785-2084

Professional School:

Loma Linda University
School of Public Health
Loma Linda, CA 92350
www.llu.edu/llu/sph

Professional Organizations:

American Public Health
Association
800 I Street NW
Washington, D.C. 20001
www.apha.org

Academic Advising
Administration Building
Room 206
(951) 785-2951

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