



The following is a list of resources that are available to students to coping with issues they might be facing pertaining to drugs and alcohol. These outside public resources are only recommended by La Sierra University. Other resources may be available to you within the public sector.

RESOURCE LIST

Alcoholics Anonymous

You can find meetings here: <http://www.inlandempireaa.org/meetings.html>

Local Meetings:

- **Alano Club**
7620 Cypress Ave.
Riverside, CA
(951) 351-0100
Wednesday 8:00pm - Big Book Study
Friday 7:30pm - Attitude of Gratitude
- **Unitarian Church**
3657 Lemon St.
Riverside, CA
Friday 12:00pm - Big Book Study
- **Back to the Grind (Basement)**
3575 University Ave.
Riverside, CA
Sunday 10:45am
- **First Baptist Church**
5500 Alessandro Blvd.
Riverside, CA
Monday 7:00pm - Big Book Study
- **Serenity Club**
525 Corona Mall
Monday 8:00pm – Big Book Study

Residential/Outpatient Services

- **MFI Recovery Center**
866-218-4697
<http://www.mfirecovery.com>
- **Drug & Treatment Rehab Centers**
951-221-4018
<http://riversidedrugtreatmentrehabcenter.com>
- **Pacific Grove Hospital**
866-804-5528
<http://www.pacificgrovehospital.com>
- **Blue Stone Recovery**
800-718-7596
<http://bluestonerecovery.com>
- **Sober Living by the Sea**
877-886-1118
<http://www.soberliving.com>
- **Narcotics Anonymous Meetings**
<http://www.naws.org/meetingsearch/>

For additional support please contact the La Sierra University Counseling Center at (951) 785-2011